

BIOGRAPHICAL INFORMATION FOR THE HEALTH PREPROFESSIONAL COMMITTEE

For each area, please explain your activities/employment, being as specific as possible, and using a chronological order. Use the outline heading for each topic, and then list each activity as a subheading. Use a short descriptive paragraph format, discussing your involvement in that particular experience.

- I. **Organized Activities.** Please comment on campus activities, including off-campus activities, varsity athletics, intramural participation, volunteer service activities, etc., giving for each the degree of participation, any office held, the time frame, and the average number of hours spent per week or per month in the activity (for example, **August 2015-December 2016, 3 hours per week**). In this section, shadowing experience should also be discussed, including type of professional observed, examples of what was observed, and approximate number of total hours spent observing.
- II. **Unorganized Activities.** Please comment on hobbies, recreational activities and other uses of your time, giving for each the degree of involvement, the average number of hours spent per week or per month in the activity, and any new skills or interests that have been developed.
- III. **Employment.** Please comment on jobs held during the school year, time frame, and the average number of hours spent per week employed. Explain what you have done with your summers and the degree to which employment has been necessary to finance your education, support a family, etc.
- IV. **Typical Week.** Currently, what is your typical week like? How many hours per week do you study? Spend with volunteer activities? Employment, etc.? Please summarize this information briefly. Please DO NOT give your daily schedule.
- V. **Academic Work.** Please discuss honors section, awards, honor societies, scholarships or any other academic honors that you have received. You may also use this section to list special research projects and the time spent doing them, and to explain any peculiarities in your record.
- VI. **Career Choice/Personal Statement Essay.** Please write a descriptive essay about your decision to become a physician or other healthcare professional. As best you can, describe your motivation to pursue a career in medicine or other professional field *in-depth*. Discuss significant or critical experiences which impacted your decision. Steer away from a “chronological” format, which is less compelling than a “story” format. You may want to write about your personal philosophy and include patient/provider anecdotes. This section should be approximately 1 to 1 1/2 pages in length, using a *blocked paragraph style* (one space in between paragraphs, do not indent).
- VII. **Please obtain an official transcript and attach a professional-looking photo of yourself.** Please order your transcript from the Registrar (\$5 fee) as early spring semester as possible and drop it off/have it mailed to our office. **At least one week before you interview*:** The biographical information, photo, and list of Preprofessional courses list should be turned in. If you use a passport photo, please let them know you need to smile! Digital pictures (that are headshots) are fine. **Do not staple**, as the biographical information will be attached to your grade transcript, list of required preprofessional courses (handout), graph of your science and overall GPA, summary of comments, and checklist portions of your evaluations.

*At least one week before your interview is **required** to copy your information and send it to your interviewers a few days in advance.

CORE PREPROFESSIONAL COURSE LIST

STUDENT: _____

<u>Required Courses</u>	<u>Hours</u>	<u>Grades</u>	If taken at SIUC, list course numbers and lecturer. If transferred, list school where taken.
Inorganic chem Sem I Laboratory	_____	_____	_____
Inorganic chem Sem II Laboratory	_____	_____	_____
Organic chem Sem I Laboratory	_____	_____	_____
Organic chem Sem II Laboratory (or biochem if using 350 sequence)	_____	_____	_____
Physics Sem I Laboratory	_____	_____	_____
Physics Sem II Laboratory	_____	_____	_____
Biological Science-Sem I* with lab	_____	_____	_____
Biological Science-Sem II with lab	_____	_____	_____
Algebra**	_____	_____	_____
Trigonometry	_____	_____	_____
English-Sem I**	_____	_____	_____
English-Sem II	_____	_____	_____
<u>Additional Courses:</u> (Required for Pre-Optometry)			
Statistics	_____	_____	_____
Calculus	_____	_____	_____
Psychology	_____	_____	_____
Microbiology	_____	_____	_____
<u>Strongly Recommended:</u>			
Physiology	_____	_____	_____
Anatomy	_____	_____	_____
300 Level Biology	_____	_____	_____
Biochemistry	_____	_____	_____

*If you did not take two semesters called general biology, introductory biology, etc., list the first two courses (with laboratories) you took in any biological science (e.g. Zoology, Physiology, etc.).

**If you do not know the names of math and English lecturers, list numbers and grades, leaving lecturer blank.

NOTE: This list is required as part of a student's profile for the Health Preprofessional Committee.